

# NUTRITIONAL INFORMATION



Typical Values Per Serving								
Energy (kJ)	Energy (kcal)	Total fat (g)	of which saturated (g)	carbohydrates (g)	of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)

Typical Values Per 100g								
Energy (kJ)	Energy (kcal)	Total fat (g)	of which saturated (g)	carbohydrates (g)	of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)

## BUNS

BURGER BUN	663	157	3.4	1.1	26	5.5	1.3	5	0.6
GLUTEN-FREE BURGER BUN	934.4	221.6	5.12	0.8	40.88	3.12	2.32	1.92	0.88

## BUNS

BURGER BUN	1309	310	6.8	2.1	51	11	2.5	10	1.2
GLUTEN-FREE BURGER BUN	1168	277	6.4	1	51.1	3.9	2.9	2.4	1.1

## BURGERS

BEEF BURGER PATTY	780.60	187.20	12.96	5.65	0.00	0.06	0.00	16.14	0.20
CHICKEN FILLET (MARINATED)	453.60	107.80	2.73	0.53	0.00	0.28	0.00	19.81	0.86
VEGGIE BURGER	765.00	182.00	6.80	0.93	0.00	4.20	0.00	4.40	1.13

## BURGERS

BEEF BURGER PATTY	1301	312	21.6	9.42	0	0.1	0	26.9	0.34
CHICKEN FILLET (MARINATED)	648	154	3.9	0.76	0	0.4	0	28.3	1.23
VEGGIE BURGER	765	182	6.8	0.93	0	4.2	0	4.4	1.13

## TOPPINGS

CHEESE SLICE	176.75	42.63	3.38	1.75	0.84	0.66	0.00	2.13	0.24
BACON	170.30	41.10	3.50	1.40	0.00	0.00	0.00	2.40	0.20
LETTUCE	8.63	2.85	0.02	0.00	0.27	0.00	0.18	0.14	0.00
TOMATO	20.13	4.62	0.03	0.00	0.99	0.99	0.33	0.03	0.00
PICKLES	17.64	4.20	0.03	0.01	0.69	0.66	0.18	0.13	0.22
FRESH ONION	14.08	3.36	0.01	0.00	0.81	0.34	0.00	0.07	0.00
JALAPENOS	2.75	0.65	0.02	0.01	0.35	0.21	0.14	0.05	0.01
COLESLAW	116.82	28.38	2.46	0.20	1.17	1.10	0.37	0.15	0.21
RELISH	54.72	12.96	0.02	0.00	2.76	2.52	0.00	0.17	0.10
KETCHUP	43.50	10.20	0.01	0.00	2.32	2.28	0.00	0.12	0.18
MAYO	290.00	71.00	7.70	0.60	0.15	0.15	0.05	0.10	0.12
MUSTARD	21.48	5.10	0.26	0.02	0.07	0.00	0.21	0.26	0.19
BBQ	61.74	14.58	0.01	0.01	3.51	3.06	0.00	0.09	0.09
BURGER SAUCE	191.10	46.15	4.16	0.30	2.08	1.95	0.00	0.00	0.20
GARLIC MAYO	142.44	34.56	3.48	0.24	0.62	0.42	0.10	0.00	0.16
HOT SAUCE	19.10	4.50	0.13	0.03	0.64	0.08	0.21	0.09	0.22
GRILLED ONIONS	32.64	7.68	0.02	0.00	1.73	1.32	0.14	0.22	0.00
GRILLED MUSHROOMS	46.40	11.02	0.12	0.03	1.86	0.38	0.64	0.87	0.21
GRILLED PEPPERS	8.03	1.80	0.02	0.01	0.41	0.22	0.15	0.08	0.00

CHEESE SLICE	1414	341	27	14	6.7	5.3	0	17	1.9
BACON	1703	411	35	14	0	0	0	24	2
LETTUCE	57.5	19	0.14	0	1.8	0	1.2	0.9	0.03
TOMATO	61	14	0.1	0	3	3	1	0.1	0.005
PICKLES	126	30	0.2	0.1	4.9	4.7	1.3	0.9	1.6
FRESH ONION	176	42	0.08	0.026	10.11	4.28	0	0.92	0
JALAPENOS	55	13	0.4	0.1	7	4.1	2.8	0.9	0.248
COLESLAW	531	129	11.2	0.9	5.3	5	1.7	0.7	0.97
RELISH	456	108	0.2	0	23	21	0	1.4	0.83
KETCHUP	435	102	0.1	0	23.2	22.8	0	1.2	1.8
MAYO	2900	710	77	6	1.5	1.5	0.5	1	1.2
MUSTARD	358	85	4.4	0.3	1.2	0	3.5	4.3	3.1
BBQ	686	162	0.1	0.1	39	34	0	1	1
BURGER SAUCE	1470	355	32	2.3	16	15	0	0	1.5
GARLIC MAYO	1187	288	29	2	5.2	3.5	0.8	0	1.3
HOT SAUCE	191	45	1.3	0.3	6.4	0.8	2.1	0.9	2.16
GRILLED ONIONS	136	32	0.1	0	7.2	5.5	0.6	0.93	0.019
GRILLED MUSHROOMS	160	38	0.4	0.1	6.4	1.3	2.2	3	0.73
GRILLED PEPPERS	89.2	20	0.2	0.1	4.6	2.4	1.7	0.9	0.003

## SIDES

FRIES (REGULAR)	2583	620	30.25	4.475	61.25	0.75	32.5	9.5	0.25
FRIES (LARGE)	5248	1260	61.47	9.093	124.5	1.524	66.04	19.3	0.508
PAPRIKA	98.25	23.5	0.6	0	5	2	0	1	12.5
MOZZARELLA STICKS	1779	425	22.08	8.142	38.64	2.76	2.898	16.56	1.932
HALLOUMI FRIES	1633	392.9	29.62	17.82	2.832	2.832	0	28.79	2.36
ONION RINGS	1239	298.4	12.85	5.967	37.64	5.661	4.896	5.049	0.918
CHILLI JAM	329	77.56	0.336	0.112	18.2	15.68	0.532	0.196	0.006
MOZZARELLA DIP	173.8	41.6	1.856	0.179	5.536	4.576	0.704	0.32	0.304
CHEESE SAUCE	919.6	221.4	15.77	10.02	8.93	2.755	0.475	10.83	0.798

## SIDES

FRIES (REGULAR)	1033	248	12.1	1.79	24.5	0.3	13	3.8	0.1
FRIES (LARGE)	1033	248	12.1	1.79	24.5	0.3	13	3.8	0.1
PAPRIKA	393	94	2.4	0	20	8	0	4	50
MOZZARELLA STICKS	1289	308	16	5.9	28	2	2.1	12	1.4
HALLOUMI FRIES	1384	333	25.1	15.1	2.4	2.4	0	24.4	2
ONION RINGS	810	195	8.4	3.9	24.6	3.7	3.2	3.3	0.6
CHILLI JAM	1175	277	1.2	0.4	65	56	1.9	0.7	0.02
MOZZARELLA DIP	543	130	5.8	0.56	17.3	14.3	2.2	1	0.95
CHEESE SAUCE	968	233	16.6	10.55	9.4	2.9	0.5	11.4	0.84

## MILKSHAKES

SHAKE BASE	2243	534.8	21.74	12.42	75.9	69	0	8.625	0.69
WHIPPED CREAM	267.3	64.68	6.16	4.4	1.782	1.782	0	0.528	0.018
OREO	499.5	119	5	1.35	17	9.25	0.75	1.275	0.183
CHOCOLATE	225.2	53	0.18	0.1	12.2	11.6	0	0.36	0.04
STRAWBERRY	184	43.4	0	0	10.6	10.2	0	0	0
VANILLA	171	40.2	0	0	10	9.6	0	0	0
MALTESER	633.6	151.2	7.5	4.5	18.6	15.9	0	2.55	0.111
PEPPERMINT	154	36.2	0	0	9	9	0	0	0
COFFEE	262.8	62.8	0	0	15.68	15.48	0	0	0.008
SALTED CARAMEL	204.4	48	0	0	12	11.8	0	0	0.026
CHERRY	292.6	70	0	0	17.2	17.18	0	0.04	0.006
BANANA	170.2	40	0	0	10	9.8	0	0	0

## MILKSHAKES

SHAKE BASE	650	155	6.3	3.6	22	20	0	2.5	0.2
WHIPPED CREAM	1215	294	28	20	8.1	8.1	0	2.4	0.08
OREO	1998	476	20	5.4	68	37	3	5.1	0.73
CHOCOLATE	1126	265	0.9	0.5	61	58	0	1.8	0.2
STRAWBERRY	920	217	0	0	53	51	0	0	0
VANILLA	855	201	0	0	50	48	0	0	0
MALTESER	2112	504	25	15	62	53	0	8.5	0.37
PEPPERMINT	770	181	0	0	45	45	0	0	0
COFFEE	1314	314	0	0	78.4	77.4	0	0	0.04
SALTED CARAMEL	1022	240	0	0	60	59	0	0	0.13
CHERRY	1463	350	0	0	86	85.9	0	0.2	0.03
BANANA	851	200	0	0	50	49	0	0	0